Race Pack

London Schools Ski Race 2018

Gosling Ski Centre, Stanborough Road, Welwyn Garden City, Herts AL8 6XE

Sunday 24th June 2018

PROGRAMME

REGISTRATION & SPONSORS

PREPARATION

ENTRY CRITERIA & RULES

London Schools Ski Race is coming up!

A regular fixture now for London schools, the London Schools Ski Race will be held this year on Sunday 24th June.

The morning is dedicated to Primary Schools (Years 2-6), with medals for podium positions and a cup for the winner of the Dual Slalom. In the afternoon, the Secondary Schools (Years 7-13) compete for podium medals, a cup for the Girls Dual Slalom and a cup for the Boys Dual Slalom. We are expecting entries to exceed last year's record.

Teams are made up of 3 or 4 pupils and schools can enter multiple teams. Age groups will be Years 2-4, Years 5-6, Years 7-9 and Years 10-13. There will also be a dual slalom team knockout for teams of 4, for an exciting finish to the day. Teams of 1 or 2 skiers may also compete. They will get individual times, but not an aggregate team score.

The event is open to first time and experienced ski racers. The minimum level for novice racers is skiers who can confidently snowplough turn on a red slope. If you are in any doubt about the level of your skiers, please bring them to an Introduction To Racing session in the National Schools Snowsport Week (23-29 April, see below).

PROGRAMME

Primary

08.30	Race Office opens for bib collection – Primary (Years 2-6)
09.00	Race Officials Meeting by Reception

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Race Secretary, Holly Stevens hollybell.stevens@gmail.com 07976 154060

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08.30 – 09.30	Open Practice – Primary (Years 2-6)
09.50 – 10.10	Course inspection – Primary (Years 2-6)
10.10	1st Run & 2nd Run of Slalom – Primary (Years 2-6)
12.30	Dual Slalom Knockout – Primary (Years 2-6)
13.30	Prize Giving – Primary (Years 2-6)

Secondary

13.00	Race Office opens for bib collection – Secondary (Years 7-13)
13.30 – 14.30	Open Practice – Secondary (Years 7-13)
14.00	Race Officials Meeting by Reception – Secondary (Years 7-13)
14.50 – 15.10	Course inspection – Secondary (Years 7-13)
15.10	1st Run & 2nd Run of Slalom – Secondary (Years 7-13)
17.30	Dual Slalom Knockout – Secondary (Years 7-13)
18.30	Prize Giving – Secondary (Years 7-13)

Every effort will be made to keep to the above programme but the organisers retain the right to vary it if necessary.

Awards

Slalom	**Awards**
Minis – Years 2, 3 & 4	1st, 2nd, 3rd, 4th & 5th
Girls & Boys – Years 5 & 6	1st, 2nd, 3rd, 4th & 5th
Mids – Years 7, 8 & 9	Female 1st, 2nd & 3rd Male 1st, 2nd & 3rd
Seniors – Years 10, 11, 12 & 13	Female 1st, 2nd & 3rd Male 1st, 2nd & 3rd
Dual Slalom Team Knockout	
Primary (Years 2-6)	1st (LSSR Cup), 2nd & 3rd
Secondary Girls (Years 7-13)	1st (LSSR Cup), 2nd & 3rd

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Secondary Boys (Years 7-13)	1st (LSSR Cup), 2nd & 3rd

New Award

This year, for the first time, we are offering special awards for the best team from a school that is new to snowport. The awards will be medals for each team member of the fastest 'novice' team in each category, Y2-4, Y5-6, Y7-9, Y10-13. The school must be new to snowsport and not had a ski race team for at least the previous 10 years.

Schools can take advantage of the Training Sessions and Introduction To Racing sessions in the Preparation section.

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REGISTRATION & SPONSORS

Registration and Cost

Please return the Team Registration Form by Friday 11th May 2018 with payment. Full details of entrants to be sent on Racer Declaration Form by Friday 25th May 2018.

The entry fee remains £46.00 per team.

There is a cap on the total number of racers admitted. Entries will be accepted on a strictly first come first served basis. No entry will be confirmed without payment.

Retail Partners

The London Schools Ski Race is also supported by Ski Bartlett (racing and general ski equipment) and Ski Bitz (racing equipment and accessories) who will be on hand at the race with essential supplies. More information at www.skibartlett.com and www.ski-bitz.co.uk.

Snowsport England

Snowsport England, the national governing body, is supporting the London Schools Ski Race and providing insurance for all racers on the day. Any school can join Snowsport England and get specialist insurance for your race squad. More information at http://snowsportengland.org.uk/schools.

PREPARATION

National Schools Snowsport Week

This year, we are again taking part in the National Schools Snowsport Week (23rd – 29th April). We are offering two sessions as an Introduction To Racing in association with Gosling Ski Centre. These sessions will be particularly suitable for schools that are new to racing or for skiers who have just joined the school ski squad. See www.nssw.co.uk for full details.

Introduction To Racing

The minimum level for the Introduction To Racing is skiers who can confidently snowplough turn on a red slope.

Saturday, 28th April

11.00am – 1.00pm and 1.30pm – 3.30pm

At Gosling Ski Centre, Welwyn Garden City

The fee for each skier is £12 per session (payable on the day), which includes coaching, slope fee and equipment hire. If you would like to bring your skiers to an Introduction To Racing session, please contact Mike Danbury by email (mike.danbury@gll.org).

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Ski Bitz

HEMEL Ski Racing Club

Race Secretary, Holly Stevens hollybell.stevens@gmail.com 07976 154060

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Training Sessions

If your school is new to skiing or you want training before the event, we will be running open access training sessions at Welwyn and at Chatham.

Here are the dates for training sessions at Chatham.

Chatham, Saturdays, 9.00am – 11.00am

21st April
28th April

Sessions cost £17 per racer. Book with Andy Atkinson ajatkinson123@gmail.com. There may be further sessions at Chatham in May. Please enquire if you are interested.

Here are the dates for training sessions at Welwyn.

Welwyn, Saturdays, 11.00am – 1.00pm and 1.30pm – 3.30pm

5th May
12th May
19th May
26th May (TBC)
2nd June (TBC)
9th June

The fee for each skier is £12 per session, which includes coaching, slope fee and equipment hire. To book, please contact Mike Danbury by email (mike.danbury@gll.org). Bookings must be made in advance.

ENTRY CRITERIA & RULES

Entry Criteria

The London Schools Ski Race is open to all Primary, Secondary and Private Schools in the London Boroughs. You can find a list and a map of all London Boroughs here http://en.wikipedia.org/wiki/List_of_London_boroughs. If capacity allows, schools from other regions may enter. Please contact the race secretary to discuss this further.

The London Schools Ski Race is a Slalom of 2 runs down the same course, followed by a Dual Slalom Team Knockout.

The Slalom is open to school teams of 3 or 4 racers from year groups 2 to 13.

Teams of 1 or 2 skiers may also compete. They will get individual times, but not an aggregate team score.

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www.skibartlett.com

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Each school will be able to enter a team of 4 racers for the Dual Slalom Team Knockout, from Years 2-6 (Primary) or from Years 7-13 (Secondary). Racers for the Dual Slalom Team Knockout must be drawn from racers skiing in the Slalom.

All racers in a team must attend the same school and the school must ensure that all racers are competent to ski a slalom course. A team may include racers in mixed age groups (eg a Year 4 racer in a Year 5 and 6 team) and the team will ski in the age group of the oldest member.

Teams in the Y2-4 and Y5-6 categories and Primary Dual Slalom are mixed and can include any combination of boys and girls. Teams in Y7-9 and Y10-13 categories and Secondary Dual Slalom are single sex, ie either all girls or all boys. However, in order to make it easier for some schools to put together a Secondary team, we do allow up to 2 girls to compete in a boys team (subject to the same age conditions as above).

Schools must provide a named official to assist with the race for each team entered. No team will be allowed to compete if there is not an adult official to help. Tasks will be allocated prior to the race and the team manager will be informed.

Race Rules

Teams must race in the year group of the eldest member.

Skiers will race in bib order.

The team championship will be decided by the aggregate of the best three times for each run added together to give the overall team time.

Racers that are disqualified or did not complete the first run will be allowed to take part in the second run.

Any skier that is considered by the Referee not to be able to ski the course safely will not be allowed to take part in the race.

Racers are expected to behave in a sporting manner towards other competitors and race officials. Racers may be disqualified if they fail to adhere to slope rules or behave in an unsporting manner.

Course Inspection

The course must be inspected wearing skis and bibs.

No one is allowed to ski the course during inspection.

Course inspection may start from any point on the course.

Race trainers / coaches may accompany their racers on course inspection.

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Protests

Any protest must be made in writing at the end of the run it concerns and accompanied by a fee of £10.00 which will be refunded if the protest is upheld.

The protests will be considered by the Jury and the Jury's decision will be final.

Bibs

Bibs will be issued to the school's Team Manager. Any changes to racer's names must be confirmed to the Race Secretary prior to collecting bibs.

First Aid and Health & Safety

First Aid will be provided by Gosling Ski Centre.

Schools should ensure that medical consent forms have been completed and are available for all racers at the race. The Gosling Ski Centre can assist schools by providing information for their risk assessment form.

Regulations

Helmets, long sleeves, long trousers and gloves are compulsory for all racers whilst they are on the ski slope.

Bibs should be worn and numbers visible for the duration of the racing.

Bibs must be handed to the Finish Marshall at the end of the Fun Dual Slalom or 2nd run if racers are not taking part in the dual slalom. Failure to do so will result in a charge of £25 for each missing bib.

The wearing of helmets by ALL racers is a requirement of Gosling Ski Centre's insurance.

All equipment borrowed from the ski centre must be returned before prize giving.

The finish area must be kept free of skis and any other equipment at all times.

Equipment Hire

The Gosling Ski Centre, Welwyn has limited equipment available for hire.

There is no additional charge for hire, but equipment must be booked in advance with Gosling Ski Centre.

Organisation

This event is being organised by LSERSA, the London & South East Regional Snowsports Association.

Race Director: Dominic McGonigal

Partners

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www.skibartlett.com

Ski Bitz

HEMEL Ski Racing Club

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Race Secretary: Holly Stevens, hollybell.stevens@gmail.com

Assistant Race Secretary: Tara McLeish

Race Chief: Emily Evans

Venue: Gosling Ski Centre, Stanborough Road, Welwyn Garden City, Herts AL8 6XE.
http://www.goslingsports.co.uk/sports/ski.php

Email: mike.danbury@gll.org

Phone: 01707 384384